- The first Arab woman to offer the latest technology in the field of information medicine, which is the Vitalizer device for self-healing and deep cell renewal, she is also the exclusive agent and representative of the German Vitarights Innovations GmbH Company in the State of Kuwait and the Gulf Cooperation Council countries since September 2017.
- Trainer in human development since 2015.
- She founded the first Arab cultural salon under the name "We Meet to Rise" affiliated with the "Association of Arab Diplomatic Women" in Madrid, Spain in 2012, and launched and managed the "Sahi campaign" in Kuwait that aims to raise awareness not to use the mobile device while driving.
- Member of the Board of Directors of the "Association of Arab Diplomatic Women" in Spain between 2010 and 2013, and a member of the "Association of Arab-Spanish Coexistence".
- Ambassador of the "Kuwait Association for Learning Differences" between 2014 and 2018.
- A sworn translator in the Translation Department at the Ministry of Justice in Kuwait between 1986 and 1994.
- She gave several lectures at Kuwait University, the Public Authority for Applied Education and Training, King Juan Carlos University in Spain, and the United Nations International School in New York.
- She was selected as one of the "persons who made a difference in society" by "Kuwait Autism Center" in 2014.
- Participated as a speaker in the "First International Women's Day Summit" in Kuwait in 2015.
- In 2014, she participated in several exhibitions, including: "The World Autism Conference in Kuwait", "Kuwait International Book Fair", "Abu Dhabi International Book Fair", "Kuwaiti Village Fair and Proud".
- She published a book entitled "ESCAPING THE INVASION" in 2012 in English language, which talks about the Iraqi invasion of the State of Kuwait in a simplified language targeting the age groups from 7-12.
- Master of Arts in Teaching English to Speakers of Other Languages (TESOL) in 2001 from New York University in the United States of America.
- BA in English Literature in 1986 from Kuwait University.
- Certified Cosmic Energy Healing Practitioner in 2005 from New York, Certified Training and Mentoring Certificate in 2007 from New York University, Certified Trainer and Partner Certified in Information Medicine, Biophoton and the Uses of the High-Tech Vitalizer for Cell Regeneration and Revitalization in 2017 from Vitarights Academy German".

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